

Newsletter

Member: GFWC/CFWC



Volume 44, Number 4

April 2024

President's Message Bev Webb "Endeavor"



"April is here — signaling the full bloom of spring and bringing a refreshing energy that makes us want to cherish every budding tree and bright, blue sky! It's a month of Earth's awakening, new beginnings, and the joyful promise of warmth."

Our meeting this month should be an exciting one, first we have Bingo at 9:30 – 10:15. The meeting will officially start at 10:30. Some of us are dressing up in 50's attire, poodle skirts and all. We will be awarding the check from last years club project to Shakespeare in the Vines.

APRIL HATH PUT A SPIRIT OF YOUTH IN EVERYTHING. W. Shakespeare

Last Saturday, seven members of our club traveled to Corona for the De Anza Convention. Awards were presented to the clubs for the reports submitted for 2023. TVWC did very well. First places went to Membership, Environment, Education and Libraries, Health

and Wellness, and Advocated for Children. Second places to Arts and Culture, Fund Raising, Epsilon Sigma Omicron, and Leadership. A third place to Woman's History and Resource Center. Well, done Chairs!

The scholarships have all been read and the scholars selected to receive the scholarships. Patti Castillo did an impressive job. Thank you for all your hard work. Thank you to all the club members who helped complete this task.



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Please note General meeting location and time

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General Meeting

Thursday, April 25, 2024 Assistance League 28720 Via Montezuma Check in: 9:00 AM

Bingo 9:30 AM

Meeting Starts: 10:30AM
Light Refreshments
Meeting Fee = \$10
Cash, Check, or Credit Card

RSVP by Tuesday, April 23th

RSVP by responding to the eBlast or by calling the club phone





Meeting ID: 874 2407 2594

Passcode: 740726

General Information

Motion Deadline

The Monday prior to the board meeting.

Mail or email to

Kim O'Brien

P.O. Box 1056,

Temecula, CA 92593 or

obrienkim@gmail.com

Executive Board Meetings

Second Thursday of the month, 9:30 AM.

Newsletter Deadline

The second Friday of the month.

Email your article to:

plhcastillo@gmail.com

General Meetings

Fourth Thursday of the month.

Meeting Minutes & Newsletters

Available on the TVWC website under the "Members" tab.

Report Hours

Report hours at your committee meetings. The Chair or Project leader will collect your hours and in-kind amounts. If you cannot attend a meeting, report your hours when you decline the invitation to attend the meeting.

The UMBRELLA indicates in-kind and/ or volunteer and social opportunities listed in the Newsletter.





First Vice President/ Dean of Chairs Pat Nelson

Explore your gratitude for the Earth - Being thankful for the blessings of nature, right down to the air you breathe, the water you drink, the food you eat, and the materials you use, is a powerful reminder of the source of your physical life, and all that goes in to the Earth providing for you.



This month we are honoring our Environment Committee! So continue reading and learn of all the wondrous things they are involved in.

In-kind collections

today are for Animal Friends of the Valley: Pedigree Dog Food, Fancy Feast Cat Food, and Tidy Cat Cat Litter. I am hoping to coax Barb Purdy up at the general meeting to talk about the Spay and Neuter Clinic open to all.

Next month Advocates for Children will be requesting in-kind items for various agencies which the committee supports. Please refer to their article for what they would like for next month.

For those of you that do not know about "In-Kind," these are items that are donated to a specific committee for a specific cause.

I have gone to many of the committee meetings and it is wonderful seeing so many of our members involved in each with such enthusiasm. Speaking of comI would like to thank the Federated Educational Grant Fund committee for reading three (3) proposals submitted for up to \$1,500 in TVWC Grant funding for special educational endeavors - Katie Burnham (Chair), and readers/voters on the proposals (1 Board member and one from each Federated committee) - Lorri Cerwin, Marva Murray, Debi Stoffel, Susan Barrett, Marie Mahon, and Evelyn Dial. Also, thanks to Cindy Nolan and Laine Gonzales, though new and did not have the required 1 year in the club, had offered their assistance to read the proposals.









2nd Vice President/Membership Marva Murray

Greetings, My Friends ~

I wanted to begin with a quote by Leo Rosten. "The purpose of life is not to be happy, but to matter ~ to be productive, to be useful, to have it make some difference that you have lived at all."

Although I don't know if

I agree with the "not happy" part, I do believe that our club personifies the rest of this quote. We are productive, useful, and truly make a big difference in many people's lives, including the lives of our members. Being a member of a club such as ours allows us to accomplish so many things that we could not possibly do on our own. I am constantly in awe of what TVWC does each year, and we are still finding new projects to make that difference. We are truly a good thing, and I encourage you to attend our monthly meetings to enjoy the camaraderie that continues to grow among us. Also, I want to remind you that this is YOUR club, and please feel free to present new ideas and projects to your committees or the board. New ideas prevent a club from becoming stagnant, and bring excitement to our purpose.

I would like to announce that we have a new member ~ **Ann Schryer.** We are so happy to have you join us, Ann, and that makes a total of 7 new members since January. My goal is at least 10 new friends per year, so we are on a great path! Speaking of new members, please remember that our **April General Meeting will begin at 9:30** so that we can play BINGO. These BINGO games were designed to have us bring possible new members to our club to see how fun and wonderful we are. They are welcome to stay for the meeting that begins at 10:30, or we will have a short recess at about 10:20 so that they may slip out the door. It is extremely important that you let me know if you are bringing a guest. I have information folders to give any guest, and Carrie Jo needs to know how many gals to prepare for food, etc.

Also, Gloria likes to know the names of each guest before they register, so we will need that also.

We want to remind you to be on the lookout for a place for our Happy Hours. Denise and Katie are in charge of the May one, so we will get a date announced at the next meeting. We can even plan them for July and August while we are dark. It's just good fun to meet up and spill tea, or tequila, or vodka, or LOL!!

We know it is such an honor to be a member of our club. We always need lovely ladies to step up and take on a project or offer up ideas. In other words, don't be shy, broaden your horizons. One pebble dropped in a pond makes a beautiful rippling effect. Come to meetings with a positive attitude that you would like to help with "parts of projects" so it is not always the <u>same gals</u> that are in charge. We all

can bloom where we are planted with a little extra care. Thanks.

Birthday Girls are just two this month ~ Lea LeBlanc and Ann Schryer. Congrats on another trip around the sun, including an eclipse!!!

WHO DUNNIT???????



I have traveled to all seven continents and most of the 50 U.S. States.

I was born, raised, and educated in Transylvania!! I wear my fangs only after dark. HE HE HE (or not??)

I can juggle 3 balls and ride a unicycle!!

Enjoying the beautiful weather. See you at the Bingo Bop!!

Marva <u>marvamarie143@gmail.com</u>



Health & Wellness

Kim O'Brien

Health & Wellness Committee

Walk and Brunch. The group will be meeting at the Temecula Valley Museum at 10:30 on April 23rd. They will walk to the Swing Inn for lunch and back to the Museum. This is a leisurely walk, we all can walk at our own pace. Contact Haydee if you are interested. haydeeschaefer@gmail.com

Stitchers for Love The group will be knitting or crocheting 30x30 in blankets for still born babies, to donate to the local hospitals. If you have any baby yarn to donate or would like to help, please contact Marianne Williams. They will also be making holiday scarfs to sell at the Marketplace at Home Tour. At the April General Meeting, Marianne will be sharing patterns and blankets. Anyone can join the group regardless of your skill – even beginners!

Tour De Murrieta (TDM). Club members acted as course marshals at this year's Tour de Murrieta. This race is one of California's most prestigious bicycle racing events featuring the most competitive race teams in the west. Two great days of cycling the 2nd weekend of April, including a free kid's race, food & festival, and great viewing opportunities for fans. The race sponsor – Stage 2 Cyclery – will reciprocate by volunteering at our Home Tour 2024.



Wildomar Senior Lunches. While I was on vacation the committee had another fun afternoon at the Senior Center - meatloaf, potatoes, carrots, and everyone's favorite JELLO – OH NO I forgot to include Jello on the menu! I will need to redeem myself next month. (see the picture).



Some health tips for seniors are:

Keep in close contact with your primary care physician and stay on top of screenings and vaccinations.

<u>Prioritize</u> physical activity and focus on joint mobility, balance, and strength.

Eat a balanced and nutritious diet that is rich in fiber and vegetables and prepare small meals that suit their taste and thirst changes.





Federation Chair—Claudia Thunell

Federation Representiive Stand-in Jan Emde 2024 CFWC De Anza Convention. . .

Last Saturday, seven of us from TVWC made the ride up to Corona for the De Anza District Convention. It was a great day for renewing old friendships and making new ones. We also had a such a great time discussing our bylaws. Ha-Ha! Thirteen clubs from the District were represented. The Arts & Crafts show was had many wonderful entries and many awards were given.

Our CFWC President, Barbara Bailey-Beard (BBB as we like to call her!) was the guest speaker. She praised all the clubs and recognized the projects they are doing. After a great lunch, the club awards were given out. TVWC did very well by receiving six first place awards, five second place awards and one third place. Bev really got her exercise walking up to get the certificates. Good report writing guys!!! The Holtville Ladies Singers entertained us with one of their original songs and as always, made us laugh.

The convention concluded after the installation of the 2024 - 2026 De Anza Board. President Mickie Reed from Indio is ready to start her two -year term.







Everyone joined in with a glass of champagne to congratulate them as well as our CFWC President elect Sonya Matthies from the Elsinore Woman's

club who will be taking over the reins for the state next month. Hope some of you are planning on attending the CFWC Convention in San Jose. The gift basket drawings were the last thing and someone we know very well was pretty doggone lucky!! Thanks to Corona and Elsinore for all their hard work. It was quite a day!!!





Education and Libraries Katie Burnham & Susan Nielson



The April 2 meeting was held at Debi Stoffel's home. We had an excellent and informative discussion of the book: Lady Tan's Circle of Women by Lisa See lead by Shelby Price. The Education committee meeting followed B4L at 11:30. Katie shared the list of vol-



unteers for the 3 libraries the committee works with. Gloria announced that there are a few more Club volunteers at the Town Square Used Bookstore. Not all of them are in B4L. Scholarship Project Leads reported to the committee as follows:

HOBY - Jan Emde - At present, we have 2 HOBY applicants. Jan is continuing to have difficulty in getting the HOBY people to respond. Patti suggested she contact ASB for names. They are in a better position at the schools to identify likely candidates.

Scholarships (Dollars for Scholars) - Patti Castillo said that the Murrieta scholarships have all been read and ranked. After the meeting those who could stay read and selected applications from the Temecula High Schools.

MSJC - Debi Stoffel reported she, Mary Lou, and Gloria read 24 applications for MSJC. Our club awards scholarships from Murrieta, Temecula,





Career Pathways - Debi Stoffel shared that she has been attempting to reach last year's recipient to see if he would like to apply for a continuation of this non-traditional scholarship. So far she has been unsuccessful. Applicants for this non-traditional path are difficult to locate because they are not always high school seniors.

Gloria Bockrath shared that the ESO Committee now has 15 members. They will report their completed books monthly to Gloria. The next ESO meeting is May 15 at 4:00 pm at Gloria's house.

The committee's In Kind month is June and we are requesting gently used Children's book donations for the Western Eagle Foundation from members. The Used Bookstores are a good place to get gently used books. That is a win-win for both. Focus on Children's books, chapter books, and Spanish books. The speaker for April is Savannah Sieja, the secretary and treasurer of Western Eagle. The committee is excited to hear from her.

Spring:

'It is the sun shining on the rain and the rain falling on the sunshine...'"

-from The Secret Garden by Frances Hodgson Burnett





Books for Lunch By Shelby Price

The latest historical novel *Lady Tan's Circle of Wom-en* from New York Times best selling author **Lisa See** is inspired by the true story of a woman physician from 15th-century China—

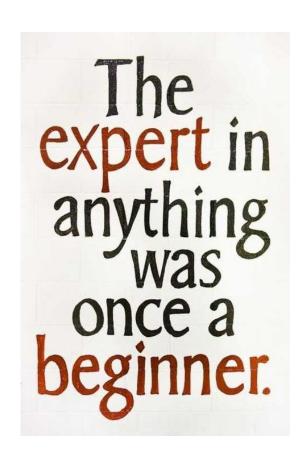
Lady Tan Yunxian, a woman born into an elite class in China during the 15th Century, decides to tell her story. Her story of class restrictions and expectations, of learning medicine from her grandmother, of life and death, friendship, and the yin and yang of life. The opening of this novel begins with a preface that includes the line "My cousin has excelled at treating women because she has shared in the losses and joys of what it means to be a female on this earth." Although 500 years have passed since the time the novel takes place, the membership discussion centered around whether contradictory ideas about women's medical care still hold true today. For example, what were some of the ways that the main character balanced work and family?

A quote from the book, "It takes a lifetime to make a friend, but you can lose one in an hour" illustrates some of the wisdom gained by Lady Tan as her circle of friends changed and evolved over time. Author Lisa See once again uses thorough research in developing the characters of the book along with a picture of China during a time when non-medical perceptions were as critical as medical ones in people's beliefs. The majority of members enjoyed the book. Hostess Debi Stoffel and "friends" presented a wonderful lunch with very colorful Easter decorations.

May 2nd Born a Crime
Trevor Noah 304 pages

June 6th Lessons in Chemitry
Bonnie Garmus 400 pages

DARK IN JULY AND AUGUST







Advocates for Children Co-shiars Claudia Thunnell & Pat Nelson



With our "Operation Smile" blanket project behind us (month of March), this month we embarked on "Pinwheels for Prevention."



What is better for lifting your spirits than making pinwheels with sixth graders? To hear their "Wow!" when they blow on the finished pinwheel and it actually spins is a delight to the heart. That is what we were able to experience on Tuesday, April 9 when we visited

Diamond Valley Middle School to participate in the Pinwheels for Prevention project to help inform the children about child abuse and provide them with resources to report it if they see or experience it happening.



The program started with a video presentation about the subject and then moved on to the hands-on project of decorating, cutting, folding the pinwheels and attaching them to paint stir-sticks. Each child made

their own, then displayed them on a fence to bring awareness of child abuse issues to the community. Approximately 350 children participated.



There to help from the TVWC Advocates for Children Committee were project leader Claudia Thunnell who has been involved with this project for several years, Jan Emde, Evelyn Dial and Jane McMackin, in collaboration with the Hemet Woman's Club and Menifee Sun City Woman's Club. We all felt privileged to be a part of it.

Our in-kind month is coming in May! For this our committee would like to offset the backpack needs with donations of:



12-pack colored pencil (standard size) Regular #2 pencils Glue Sticks

Yellow and Pink highlighters (regular size)

Also placed on the general meeting tables in March were requests for SAFE's "Purses for A Cause." If you have cleaned out your closet and wish to bring any of the requested items to the April general meeting, you may do so as well.

Our next Advocates for Children will be on April 22nd, 10am at the Temecula Valley Museum, 28314 Mercedes St, Temecula. That week we will also be purchase and delivering diapers and wipes for Koinonia and Project Touch. Our thanks to each member of the Advocates for Children committee, as well as all our members who support our goals!

Environment

Chair Barb Purdy



April is the month for the Environment Committee's In-Kind. We are asking for donations for Animal Friends of the Valleys. They are in need of dog and cat food for their shelter animals. Pedigree dog food is preferred for the dogs and Fancy Feast cat food for the cats. They are also in need of Tidy Cat litter. You can bring these items to our April meeting for the donation table or you can order them through Chewy: Pet Food, Products, Supplies at Low Prices - Free



Shipping | Chewy.com or Amazon Amazon.com. Spend less. Smile more. They will deliver directly to the shelter. Animal Friends of the Valleys address is: 33751 Mission

Trail, Wildomar, CA 92595. Thank you for helping the shelter animals.

Tour of Animal Friends of the Valley's Spay & Neuter Clinic



The Environment Committee toured the new Spay / Neuter Clinic at Animal Friends of the Valleys. Executive Director and Chief Animal Control Officer, Mo Middleton, was our guide. Mo told us that both the spay/neuter and vaccinations clinic are now open longer hours (9:00 to 2:00) Tuesday through Saturday and open to the public.

An appointment must be made for a spay or neuter on their website: https://www.afv.org/ and spaces are still limited. They currently have 200 vouchers for a free spay or neuter if you live in the city of Temecula. Fliers with the QR code needed to apply will be available at the April General Meeting. AFV's low cost vaccinations and microchipping clinic is also open to the public on a walk-in basis. They have already been very busy and the wait time has been minimal. No appointment is necessary. This is a great time to make sure your animals are updated on all of their shots.

Mo also told us about some of the situations that the Animal Control Officers have been confronted with lately. These were sad stories about animal abuse, but we are so grateful that the Animal Control Officers were there to be an advocate for these animals. Officer Appreciation week is April 14th to 20th. The Environment Committee will be there to show these officers how much we appreciate all that





Parliamentarian Evelyn Dial

We have 4 motions to put before the general membership this month. They are:

24.4.1 I move that the Temecula Valley Woman's Club approves the disbursement of \$3,500 to the following Federated Committees selected to receive a Federated Committee Educational Grant.

Advocates for Children (\$1,500)

The purpose of the grant is to supply Backpacks and school supplies for children from Oak Grove Center (special education services), Project Touch (homeless services), Koinonia (foster care and adoption), SAFE (victims of abuse), and Michelle's Place (children of cancer patients)

Submitted by: Pat Nelson and Claudia Thunnell

Arts and Culture (\$1,000)

The purpose of the grant is to provide theater education at The Shakespeare in the Vines camp for 4 students @ \$250 each that need financial aid. The two-week session provides instruction in voice, movement, acting, production and choreography.

Submitted by: Debi Stoffel Environment (\$1,000)

The purpose of the grant is for the students to engage students in hands-on, project-driven learning at the Hydroponics Greenhouse/Nature Plant Nursery/Regenerative Agriculture Project at TVHS.

Submitted by: Barb Purdy

24.4.2 I move that the Temecula Valley Woman's Club increase the number of need scholarships to our local high schools in Temecula and Murrieta to one need \$1,000 scholarship for each high school for the 2023/2024 school year.

Cost: \$4,000

Submitted by Beverly Webb

The purpose: Currently we award one need scholarship to each town, Murrieta and Temecula. This year the need is greater for assisting students who are having difficulty affording the cost of college due to family circumstances. This increase would bring the number of scholarships to four for each of the six high schools. We currently have enough money in the fund to cover this increase.

Historian Claudia Thunnell & Pat Farmer





PRESIDENT Pam Moe 2015

Stated:

I've never been associated with a group of people anywhere, in any organization, who live the sentiment that it is better to give than receive more than the ladies of TVWC. Therefore, my motto for this

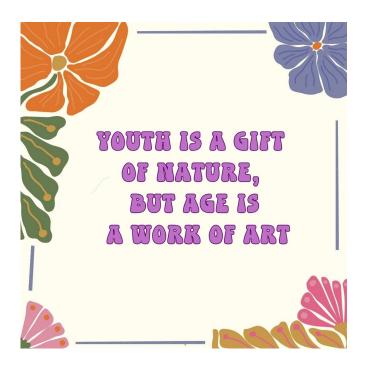
year is In Giving, We Receive.

2015 Club Project:

We (TVWC) partnered with Canine Support Teams, providing service dogs to persons with disabilities to help them live independently.

.A New "Leash on Life" and help change the way the world things about disabilities









PR & Communications Sandie Foreman

SOCIAL MEDIA

Social Media postings will begin highlighting this year's holiday Home Tour. Save the Date cards will be ready soon.

Thanks so much to the members that have been sending me pictures of their committee events. Everyone has been busy!



If you have any questions or suggestions for social media postings, please feel to contact me anytime thru my email at sandie.foreman@yahoo.com

TVWC TALK FACEBOOK PAGE

If you are not following the "TVWC Talk" Private group page on Facebook, please email me at sandie.foreman@yahoo.com to get you set up. This FB page is Private and only for TVWC members.

MEMBER SPOTLIGHT

If you know of a TVWC member that you would like to acknowledge, for their contributions/ dedication/compassion/ club experiences, please send me a brief bio and picture and we will be posting it, in next month's Newsletter and on social media. Here is a sample of the post format.







Treasurer's Report-Lorri Cerwin



Financial Report April, 2024

Checking Account as of 3/29/2024

Income	\$860.80
Expenditures	\$13,520.74
Account Balance	\$106,073.77
GOF Balance	\$18,189.66

This report will be filed for Audit



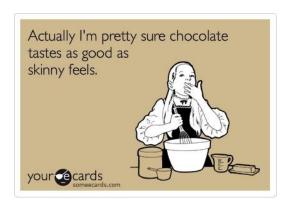
Hey Ladies!! Don't forget about the big

Bingo Bop at the April meeting. Come early
and bring a friend or two. I know that the

gals are gonna love you rockin' babes and
want to join TVWC. Buddy Holly told Peggy
Sue about it, and she is gonna be there for
sure!! I can't make it cuz I'll be rockin' in the

This & That















Arts & Culture Co-Chairs Debi Stoffel & Denise Miller



The Arts & Culture Committee will hold their April meeting at LuAnn Barnes' home. We will have our meeting and then watch the Barbie movie.

The Arts & Culture Committee voted to donate \$450 of committee funds to the Vista Murrieta High School for their Choir & Guitar program.

The Temecula Valley Museum celebrated Temecula Culture Days-Saudi Arabia, On April 13th. Volunteers were Marie Mahon & Judi Collins-Sammons. Our next event will be April 21st at the Temecula Theater to see the Music Man

at 2:00p.m. We will be touring the Temecula Museum on April 29th at 10:00a.m.

Next up will be at the Temecula Theater on May 4th at 7:30p.m. to see Bard Goes to Broadway. There will be a silent auction and cocktail hour at 6:30p.m.









Your 2024 Executive Board		
President	Bev Webb	
1st V.P./Dean	Pat Nelson	
2nd V.P./Membership	Marva Murray	
3rd V.P./Fundraising	Judith Collins	
Secretary	Kim O'Brien	
Treasurer	Lorri Cerwin	
Financial Secretary	Jayne Schneider	
Parliamentarian	Evelyn Dial	
Communications & PR	Sandie Foreman	

2024 Standing Committee Chairs		
Auditor	Jayne Schneider	
Bylaws	Pat Nelson	
Community Education Fund	Katie Burnham	
Email	Melody Frazier	
Federation	Claudia Thunnell	
Historian	Claudia Thunnell	
Hospitality	Carrie Jo Cadieux	
Newsletter	Patti Castillo	
Photography	Judy Ewert, Bonnie Derleth	
Programs	Katie Burnham	
Properties	Kim O'Brien, Bev Webb	
Registrar	Gloria Bockrath	
Telephone	Sally Cole	
Yearbook	Kim O'Brien & Marva Murray	

Mark Your Calendar		
4/24/2024	RSVP Deadline for GM	
4/25/2024	General Meeting	
4/22/2024	Advocates for Children	
4/23/2024	Health & Wellness Walk &	
5/1/2024	Lunch for Seniors	
5/2/2024	Books 4 Lunch/Education	
5/8/2024	Environment Committee	
5/9/2024	Board Meeting	
5/13/2024	ESO Meeting	
5/20/2024	Arts & Culture	
5/27/2024	Advocates for Children	



